



CONNECTION QUESTION

In the sermon we talk about Louie Zamperini letting the pain of his past go so he could move into what God had for him in the future. What are some life-altering events in your family or your extended family that kept you or someone you love stuck in their past?

BRINGING THE BIBLE TO LIFE

We talked about embracing the new normal when life gets difficult. When life is good, being content isn't hard. When our circumstances are tough, it's another story. What resources do you find in the following passages that can help you cope with, handle or even grow through a hard season in life?

- John 14:25-27
- Philippians 4:6-7
- Ecclesiastes 4:9-12

The Bible gives us windows into the lives of many people who experienced great pain, hardship or loss. Read the following Scriptures and take a look at how each person responded to their situation. Pay attention to what they learned or taught as a result of their trials and jot down any observations.

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- **Paul:** 2 Corinthians 11:16-33

See also — 2 Corinthians 1:3-11

- **David:** Psalm 27:1-14
- **Peter:** 1 Peter 4:12-19

Understanding who God is and how he is personally engaged in our lives is important when learning to embrace the pain and grief that comes with the new normal. Use Psalm 33:12-22 as a prayer guide to help you thank God for who he is, how he cares for you, and how he gives hope to all of us who commit their lives to him.

TAKE IT HOME

What is the most important thing to remember? What is the most important action to take?