

you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control. 1 Corinthians 7:3–5 (ESV)

## 8. Focus on God's grace, because it turns us away from sin.

For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, Titus 2:11–12 (ESV)

## 9. Run from sexual sin.

...she caught him by his garment, saying, "Lie with me." But he left his garment in her hand and fled and got out of the house. Genesis 39:12 (ESV)

So flee youthful passions... 2 Timothy 2:22 (ESV)

Flee from sexual immorality... 1 Corinthians 6:18 (ESV)

## 5. David - A case study on adultery

### 1. What did David do wrong?

### 2. What did David do right?

#### Digging Deeper Sermon Study

1. Why is adultery such a serious sin? What are the immediate and potential consequences of premarital sex?
2. **Read 2 Samuel 11:1-18; 12:1-5.** What poor decisions led to David's temptation? What can we learn from David's adultery to avoid the sin of adultery in our life?
3. **Read Psalm 51.** This is the Psalm David wrote after he confessed his sin with Bathsheba. What can we learn from David's confession of sin?
4. Is there anything in your life inwardly or outwardly that could lead you to adultery? How are you doing in the area of heart adultery?



## Command 7 – Do Not Commit Adultery

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You shall not commit adultery. Exodus 20:14 (ESV)

### 1. What does this command mean?

If a man commits adultery with the wife of his neighbor, both the adulterer and the adulteress shall surely be put to death. Leviticus 20:10 (ESV)

You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. Matthew 5:27–28 (ESV)

I fear that when I come again my God may humble me before you, and I may have to mourn over many of those who sinned earlier and have not repented of the impurity, sexual immorality, and sensuality that they have practiced. 2 Corinthians 12:21 (ESV)

- Impurity — Lewd, sexually loose
- Sexual Immorality — A junk-drawer term for any sexual expression outside of marriage.
- Sensuality — Lacking in modesty or restraint.

Do not rebuke an older man but encourage him as you would a father, younger men as brothers, older women as mothers, younger women as sisters, in all purity. 1 Timothy 5:1–2 (ESV)

### 2. Why is adultery forbidden?

1. Sex is relational superglue.
2. Sex has spiritual impact.

...The body is not meant for sexual immorality, but for the Lord, and the Lord for the body... Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! Or do you not know that he who is joined to a prostitute becomes one body with her?

*For, as it is written, "The two will become one flesh." But he who is joined to the Lord becomes one spirit with him. 1 Corinthians 6:13, 15–17 (ESV)*

### **3. Sex has personal impact.**

*Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. 1 Corinthians 6:18 (ESV)*

### **3. Lust destroys a man's masculinity.**

*Seduction — To lead astray*

*Keep your way far from her, and do not go near the door of her house, lest you give your honor to others and your years to the merciless, lest strangers take their fill of your strength, and your labors go to the house of a foreigner, and at the end of your life you groan, when your flesh and body are consumed, and you say, "How I hated discipline, and my heart despised reproof! I did not listen to the voice of my teachers or incline my ear to my instructors. I am at the brink of utter ruin in the assembled congregation. Proverbs 5:8–14 (ESV)*

### **4. How can I beat the sin of lust?**

#### **1. Remember sexual sin only promises momentary pleasure that will morph into self-hatred.**

*But he would not listen to her, and being stronger than she, he violated her and lay with her. Then Amnon hated her with very great hatred, so that the hatred with which he hated her was greater than the love with which he had loved her. And Amnon said to her, "Get up! Go!" 2 Samuel 13:14–15 (ESV)*

#### **2. Remember God promises to judge the sexually immoral.**

*Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous. Hebrews 13:4 (ESV)*

#### **3. Remember God is with us even when we are alone.**

*I the Lord search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds. Jeremiah 17:10 (ESV)*

#### **4. Remember that pursuing our lusts results in perversion.**

*Therefore God gave them up in the lusts of their hearts to impurity, to the dishonoring of their bodies among themselves... For this reason God gave them up to dishonorable passions. For their women exchanged natural relations for those that are contrary to nature; and the men likewise gave up natural relations with women and were consumed with passion for one another, men committing shameless acts with men and receiving in themselves the due penalty for their error. Romans 1:24, 26–27 (ESV)*

#### **5. Remember that sexual sin sends people to hell.**

*Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality, nor thieves, nor the greedy, nor drunkards, nor revilers, nor swindlers will inherit the kingdom of God. And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God. 1 Corinthians 6:9–11 (ESV)*

#### **6. If I am single, focus on getting married to fulfill my sexual desires.**

*But if they cannot exercise self-control, they should marry. For it is better to marry than to burn with passion. 1 Corinthians 7:9 (ESV)*

#### **7. If I am married, it is my responsibility to not sexually deprive my spouse.**

*The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not have authority over her own body, but the husband does. Likewise the husband does not have authority over his own body, but the wife does. Do not deprive one another, except perhaps by agreement for a limited time, that*